

Indoor Cat Feeding Chart

How much should I be feeding my cat?

Below are charts of the required calories per day calculated for adult indoor cats. One is for weight maintenance and the other is for gradual weight loss. These can be used as a guideline for how much to feed your cat; every cat is different and you may need to make adjustments.

Calories per day to maintain current weight		Calories per day for gradual weight loss	
Current weight in lbs	Calories/day	Current weight in lbs	Calories/day
5	156	5	130
6	178	6	148
7	200	7	167
8	221	8	184
9	242	9	202
10	262	10	218
11	281	11	234
12	300	12	250
13	318	13	265
14	336	14	280
15	354	15	295
16	372	16	310
17	390	17	325
18	407	18	339
19	425	19	354
20	440	20	367

*Calories of cat food products can be found on the label, on the manufacturer's website, or on CatInfo.org.

*Never take away a cat's old food until you know they are eating their new food.

*Never put your cat on a crash diet! Aim for gradual, controlled weight loss. Rapid weight loss can lead to serious health problems.