

# Dental Care in the Home

Your pet's oral health is very important. Now that you made the first step of having your pets teeth cleaned under anesthesia, the next steps are completely in your hands. We highly recommend that you choose multiple of the options below to implement at home. Whether that be a change in food, adding dental treats to their daily routine, brushing their teeth daily with toothpaste, adding a water additive, using a gel or using oral wipes. We ask that you do your own research into any products that you are interested in. Also, check out all of the useful information on [VOHC.org](http://VOHC.org)

## Food

- [Hill's® Prescription Diet® t/d® Canine](#)
- [Hill's® Prescription Diet® t/d® Canine Small Bites](#)
  - Unique kibble shape & size
  - Special fiber matrix technology
  - Complete & balanced nutrition
  - Cleans the tooth surface
  - Fights bacteria-laden plaque
  - Promotes overall health
  - Recommended for lifelong feeding of adult dogs
  - S+OXSHIELD™: Formulated to promote a urinary environment that reduces the risk of developing struvite & calcium oxalate crystals
- [Hill's® Science Diet® Adult Oral Care dog food](#)
  - Clinically proven technology reduces plaque & tartar build-up
  - Interlocking fiber technology cleans teeth to help freshen breath with every bite
  - Omega-6 fatty acids & Vitamin E for beautiful skin & coat
- [Purina Pro Plan Veterinary Diets DH Dental Health Canine Formula](#)
- [Purina Pro Plan Veterinary Diets DH Dental Health Small Bites Canine Formula](#)
  - Proven to significantly reduce build-up of tartar
  - Patented kibble texture
  - VOHC Seal of Acceptance: helps control tartar
  - Appropriate protein content to maintain ideal body condition
  - Antioxidant-rich nutrition supports the immune system, including a high level of vitamin E, to help defend against free radicals
  - Available in Small Bites for dogs weighing less than 30 pounds
  - Great taste

## Treats

- [Purina Pro Plan Veterinary Diets Dental Chewz Canine Treats](#)
  - Cleans teeth and freshens breath
  - Veterinary Oral Health Council Seal of Acceptance for helping control tartar
  - High protein and low fat
  - Long-lasting
  - Great taste

- [GREENIES™ Original Dog Dental Treats](#)
- [Tartar Shield Soft Rawhide Chews](#)
- [Virbac C.E.T. VeggieDent Fr3sh Tartar Control Dog Chews](#)
- [Virbac C.E.T. HEXtra Premium Dental Dog Chews](#)
- [OraVet Dental Hygiene Chews for Dogs](#)
- [Checkups- Dental Dog Treats](#)

## **Toothpaste**

- [Petsmile Professional Pet Toothpaste](#)
- [Virbac C.E.T. Enzymatic Dog & Toothpaste](#)

## **Tooth brushes**

- [Virbac C.E.T. Dual Ended Dog & Cat Toothbrush](#)
- [Petsmile Professional Pet Toothbrush](#)
- [Petsmile Professional Pet Toothpaste Applicator Swabs](#)
- [Petosan Double Headed Dog & Cat Toothbrush](#)
- [TropiClean Fresh Breath Finger Toothbrushes, 2 count](#)

## **Water additives**

- [pet::ESSENTIAL™ healthymouth™](#)

## **Other products**

- [pet::ESSENTIAL™ healthymouth™ Dog Topical Gel - 2oz Jar with Cotton Tipped Applicators](#)
- [MaxiGuard Oral Cleansing Wipes - 100 Wipes](#)

**Example:** You use a water additive every day for their drinking water. Monday – Friday, or days that you work, you use a dental wipe in the morning because it is easier than brushing. On the weekends, or days that you do not work, you brush their teeth in the morning because you have the time. You brush their teeth every night or use a gel. You also add a dental treat in the morning, after breakfast, and at night, before bedtime.

Go to our website [fircrestveterinaryhospital.com](http://fircrestveterinaryhospital.com) and go to the “Handouts” section. This exact document is called “Dental Care in the Home”, every item mentioned is linked to [chewy.com](http://chewy.com), [amazon.com](http://amazon.com) or the product website where they can be purchased. There are also helpful videos linked below!

### **Videos:**

[How to brush your dog’s teeth](#)

[How to brush your cat’s teeth](#)

[How to wipe your dog’s teeth](#)

[How to wipe your cat’s teeth](#) – [How to wipe your cat’s teeth 2](#)