

Cheat Sheet of Your Cats Favorite Foods

Make yourself a cheat sheet of your cat's favorite foods!

Brand	Name of food	Calories	Size of can

Keep track of your cat's weight goal

(Re-weight your cat monthly and adjust calories accordingly!)

Cat's name	Current weight	Goal weight	Calories per day

Tips for successful feeding

- *Cats like variety. Try to find several foods they like and rotate flavors.
- *Feed at least 3 meals a day: cats prefer to graze on their food rather than eat large meals.
- *Try a schedule of morning, afternoon, nighttime. For example: before work, after work, before bed.
- *Mix a small amount of water into their wet food to increase water intake
- *Try warming up the wet food in the microwave for a few seconds after moistening it. The food gets stinky and cats love it. Always stir food before serving to avoid hot spots.
- *In a multi-cat household, try to feed the cats separately. It will be easier to control how much they eat, and they can't steal each other's food. Pick up food after 10-15 minutes.
- *Try placing your water dish away from your cat's food bowl. You can place several water dishes around your house and see which bowls they favor.